

Developing the Resilience of Young Carers

Are you working with a family that has one of the following needs?

- Mental ill health
- Substance Misuse
- Learning disabilities
- Physical ill health
- Physical disability

Are there children in the family between the ages of 5 and 18?

Do any of the needs listed in Point 1 impact on the children in any way?

Such as:

- Impacting on their family relationships
- Missing out on family experiences
- Poor home routines
- Lack of socialisation and confidence
- Care responsibilities of the family member either as a primary carer or shared caring with a sibling or parent
- Poor school attendance or poor attitude to learning

Are the family being supported by Early Help Practitioners or is there any professional support service in place?

If you have answered yes to the first three points, then we may be able to offer support to the young carer.

The Offer:

The support we provide is based around building resilience. We do this by providing:

- 1:1 targeted support
- Monthly respite sessions taking place across Shropshire (Shrewsbury, Oswestry, Whitchurch, Craven Arms, and Bridgnorth)
- Summer respite programme, and school holiday activities
- School Project Officer supporting schools to identify and support young carers.

To make a referral please complete the [Referral Form](#) and email to: youngcarers@shropshire.gov.uk

For more information, please contact Shropshire Carers 01743 341995.