## About to become parents?

## Feel confident with Family Foundations

Is this your first baby together? Find out how Family Foundations could benefit your family.





Groups run online for four weeks, starting on:

- Monday 20 January, 10-11.30am
- Thursday 23 January, 5.30 to 7pm
- Monday 24 Feb, 10-11.30am
- Thursday 27 Feb, 5.30 to 7pm

Email parenting.team@shropshire.gov.uk to book

